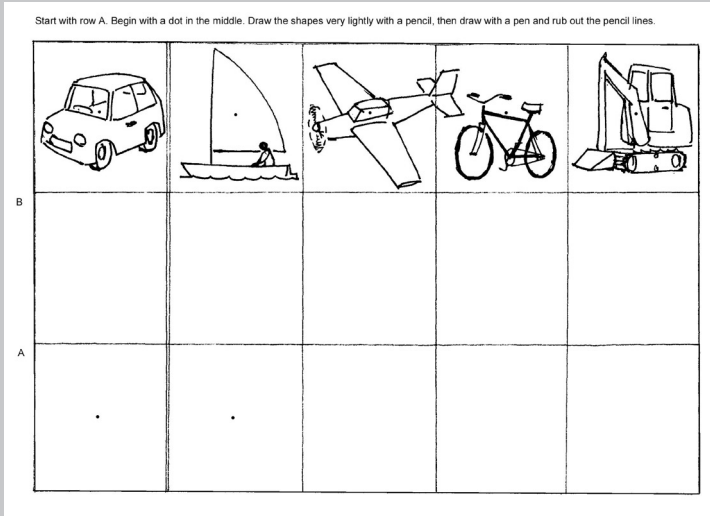
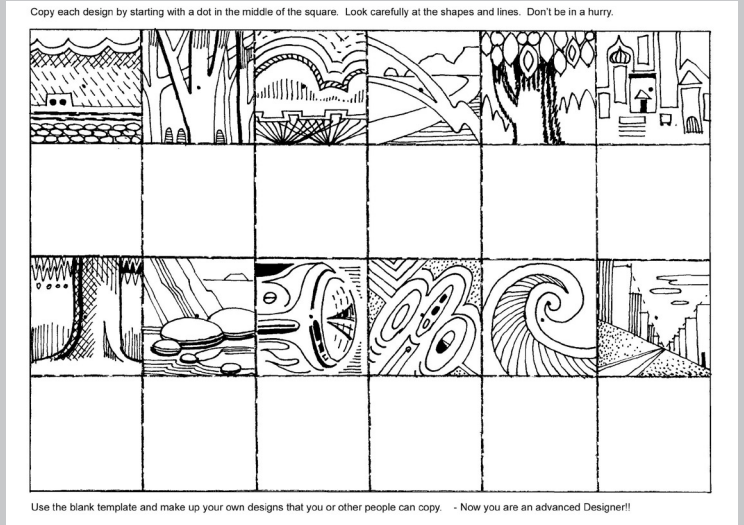
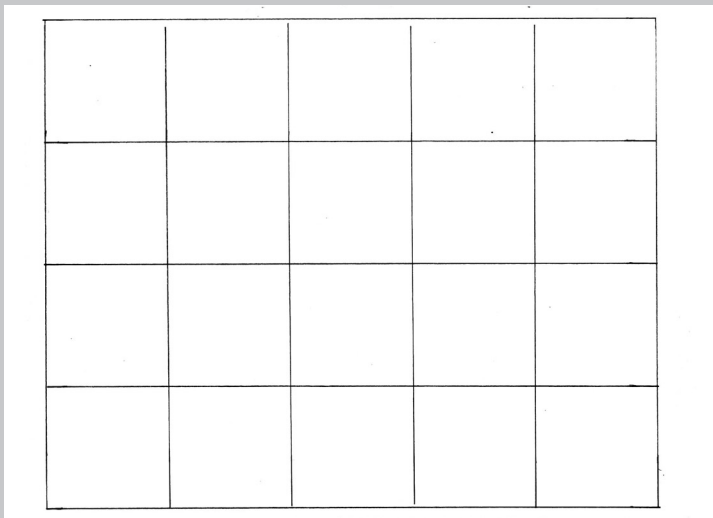


Warm up Exercises 3



Upside Down

When you have done a page of exercises, try doing the same page again only this time, turn the page upside down! This really helps you to focus on actual shapes, not mental ideas of what you think something should look like.



Get Really Creative!

Design your own patterns then try copying them!

Complicated patterns: - start with a dot in the centre